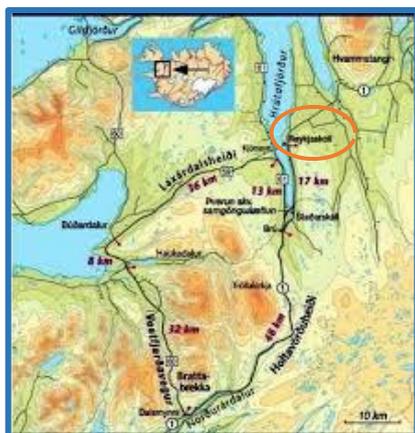


School Camp at Reykir in Hrótafjörður for 7th graders



The children will be accompanied by their class teacher (or a substitute) and will embark upon the journey by bus on Monday morning. They will arrive at Reykir around noon and the programme begins after lunch. They will work in groups at various projects led by the School Camp teachers. The programme is predetermined and can be found in Icelandic on the School Camp web site: www.skolabudir.is The children will stay at camp all week and return home after lunch on Friday. Most of the dormitory rooms accommodate two to four persons and in the week prior to departure the class teachers will, in cooperation with the pupils, decide who will share a room.

Objectives:

The main goal of School Camp is to enhance the pupils' social skills, team spirit and cooperation among themselves and with their teachers. The stay is intended to be fun and leave them with memories lasting a lifetime. The trip is a research and learning expedition where the children will be away from home for five days and have to rely upon themselves to some extent. To facilitate their intercommunication the pupils will be given a break from modern equipment such as cell phones and game consoles. They are to fulfil daily duties such as keep their rooms tidy (each morning a staff member inspects the rooms) and help out in the kitchen and eating area. The programme furthermore aims at enhancing the children's attention to detail and their skill at investigating the environs and reaching a conclusion. Encouragement comes through novel subject matters, new surroundings and a different way of life.

Reykir School Camp's rules:

1. Everyone attending the camp is expected to treat the premises and all property well. Visitors will be held accountable for damage they may cause.
2. Pupils are not allowed to leave the camp grounds without permission.
3. Pupils shall be present at all events on time.
4. Pupils shall obey the instructions of the staff at School Camp and class teachers.
5. Breach of rules can result in dismissal. General school regulations for elementary schools in Iceland apply as well. Thus there is of course mandatory attendance at all programme events. Pupils are not allowed to bring cell phones. In case of necessity they can ask a teacher for permission to use a phone. Tablet computers, lab-tops and game consoles are not allowed. Pupils are responsible for all the possessions they bring to camp, such as clothes, cameras, CDs and audio players. Please mark all equipment and main clothing items. It is forbidden to bring candy to camp.

Clothing and equipment list:

Sleeping bag or duvet, pillow and covers. Everyone shall bring a sheet

Sportswear

Tennis shoes

Rain- and windproof jacket and pants

Good outdoor clothing and shoes for outside activities

Rain boots (if available)

Warm sweater

Pyjamas

Extra clothes

Swimwear Bath towel/washcloth

Plenty of underwear and socks

Toothbrush and toothpaste

Toiletries

Slippers

Stationery Camera (if available)

Flashlight and spare batteries

Activities:

Local Heritage Museum: The pupils visit Reykir local museum and are informed on two different subjects. On one hand they are introduced to shark fishing in Húnaflói bay, with emphasis on the shark fishing boat Ófeigur. On the other hand they explore the museum on their own, enter the baðstofa (communal living/sleeping room) and step back a few centuries. They are given an assignment involving pictures of items on display. The pupils also try out some games fishermen at seasonal fishing stations practiced when weather barred them from fishing.

Board and Lodging:

One of the goals of School Camp is to let the pupils get used to living away from home, sleep in a strange place, take care of themselves, and keep their clothing and luggage in order and their room tidy. Their class teachers and the School Camp staff provide guidance. Rooms are inspected every morning.

Healthy Diet and Exercise:

School Camp emphasises a varied diet and seeks to inform the pupils about the importance of choosing healthy and nourishing food. Great emphasis is laid upon sports, both at the gym and in the swimming pool. When weather is good sports and games are often practised outside.

Evening Programme:

Every evening of the stay the pupils attend and hold an entertainment programme. The School Camp teachers organize the first evening's programme, which emphasises enhancing the social ties among the pupils. Other evenings the pupils, along with their teachers,

arrange the programme. It is recommended that good childrearing practises are kept in mind when choosing games and activities.

Natural Science:

Natural science class involves exploring the ecosystem of the seashore, collecting specimens for further research and examination with binocular microscopes and other equipment.

Finance Education:

In this class the pupils learn how to manage money, both income and expenses. They work on personal projects as well as team projects. The pupils are advised to lead healthy, stable lives in order to be able to save money, set goals and make their dreams come true.

Station Game:

The pupils are taken for a history walk on Reykjatangi peninsula and the history of the area is recounted. For instance; during the occupation in WWII there was a military base on Reykjatangi. At its peak around 1000 soldiers were stationed there in 150 army barracks. The old school building was the residence of British army officers. The pupils are also taken to Reykjahver hot spring and stories from the district are told.

School Camp's website: www.skolabudir.is

School Camp is also on facebook under the name: Skólabúðirnar í Reykjaskóla.

