

Leisure activity grant

In Kópavogur there is a variety of sports and leisure activities. It is important that parents support their children in these activities which help them develop their language abilities, cultural understanding and social integration.

Every child and adolescent in Kópavogur have a right to a leisure activity grant for participation in organised sports and recreational activities. Further information can be found on Kópavogur's website, www.kopavogur.is

Sports clubs in Kópavogur:

Breiðablik offers training in football, athletics, karate, basketball, chess, swimming, skiing, taekwondo and triathlon. www.breidablik.is

HK offers training in football, handball, volleyball, bandy, dancing and table-tennis. www.hk.is

Gerpla offers training in various gymnastics and parkour www.gerpla.is

The Horseclub **Sprettur** offers various courses in riding www.sprettarar.is

GKG is a golfclub and offers golf courses for children and teenagers. www.gkg.is

Hvönn, dance school offers a number of courses in children dancing and ballroom dancing. www.hvonn.is

TFK is a tennis club. They offer various tennis courses for all ages. www.tennishollin.is