



Information about sports and leisure activities in Kópavogur / Upplýsingar um frístundir í Kópavogi

Music schools

There are two music schools in Kópavogur. These are private institutions, classes in them are additionally payable. They offer the opportunity to learn to play different instruments, sing and compose your own music.

<http://tonlistarskoli.is/skolagiold.htm>

<http://tonsalir.is/course-3-columns/nam/>

In addition, there is also the School Orchestra of Kópavogur. Fees for participation in classes are lower, but there is a long waiting list. Admission to the orchestra is based on the verification of skills and predispositions.

<http://skolahljomsveit.kopavogur.is/>

Sports and hobby activities

There are twelve sports clubs in Kópavogur that conduct classes in various disciplines. Trainings and courses are additionally payable.

In **Breiðablik** you can train athletics, karate, football, weightlifting, basketball, skiing, swimming, taekwondo and chess.

<http://www.breidablik.is/>

HK teaches handball, volleyball, football, table tennis, dance, taekwondo and indoor hockey.

<http://www.hk.is/hk/>

In **Gerpla** artistic gymnastics, athletics and parkour classes take place.

<http://www.gerpla.is/>

In other clubs are run horse riding, tennis, shooting, dancing, sailing, golf, boccia, etc. List of clubs:

<https://www.kopavogur.is/is/ibuar/ithrottir-utivist/ithrottafelog>



Other clubs of interest

There are various organizations in the city gathering people with common interests. They are, for example:

Voluntary scout rescue team that deals with saving, seeking and help in cases of threat to life or material goods.

<http://hssk.is/>

Scouts' team.

<http://www.kopar.is/>

KFUM- KFUK

Children's and youth organization, which aims to promote the Christian faith.

<http://www.kfum.is/>

Bridgefélag Kópavogs

Association of bridge lovers

<http://www.bridge.is/forsida/>

Leikfélag Kópavogs

It is an association of amateur actors and theatre enthusiast. They offer acting courses for children and teens.

<http://kopleik.is/index.php>

Leisure activity grant for sports and leisure activities

The goal and purpose of the leisure activity grant is to ensure that all children aged 5-18 in Kópavogur, can take part in constructive leisure activities irrespective of financial or social position. More info can be found on Kópavogur's website:

<https://www.kopavogur.is/en/eng-ibuar/sports/leisure-activity-grants>

Below you can find a list of all the activities you can use the leisure activity grant for:

<https://www.kopavogur.is/is/moya/page/samthykkt-felog-i-fristundagatt>