

Leisure activity grant

In Kópavogur there is a variety of sports and leisure activities. It is important that parents support their children in these activities which help them develop their language abilities, cultural understanding and social integration.

The goal and purpose of the leisure activity grant is to ensure that all children aged 5 – 18 in Kópavogur, can take part in constructive leisure activities irrespective of financial or social position.

Registration for courses can be through Kópavogur's service portal or the website/leisure activity grants site of the club/company where the child's participates in his/her leisure time activities.

Further information can be found on Kópavogur's website:

<https://www.kopavogur.is/is/ibuar/ithrottir-utivist/fristundastyrkir>

Sports clubs in Kópavogur:

Breiðablik offers training in football, athletics, karate, basketball, chess, cycling, swimming, skiing, taekwondo and triathlon. www.breidablik.is

HK offers training in football, handball, volleyball, bandy, dancing and table-tennis.

www.hk.is

Gerpla offers training in various gymnastics and parkour

www.gerpla.is

The Horseclub **Sprettur** offers various courses in riding

www.sprettarar.is

GKG is a golfclub and offers golf courses for children and teenagers.

www.gkg.is

Hvönn, dance school offers a number of courses in children dancing and ballroom dancing.

www.hvonn.is

TFK is a tennis club. They offer various tennis courses for all ages.

www.tennishollin.is

DÍK, dance school offers a number of courses in children dancing and ballroom dancing.

www.dansari.is

Boginn, archery club offers various archery courses for all ages.

www.archery.is

Ýmir is a sailingclub and offers sailing courses for children and teenagers.

www.siglingafelag.is